



PHYSICIAN / PRACTITIONER FEE SCHEDULE

Acupuncture

Acupuncture is a branch of Oriental Medicine used in Asia for thousands of years. There, it has been and continues to be used as a primary source of medical care to treat a wide variety of ailments. It involves insertion of thin, sterilized, disposable needles into specific points on the body to stimulate the healing response.

Aimee Brown, LAc, MSOM is a state licensed acupuncturist.

Fees: New Client \$90, Established Client \$65 per session.

Classical Homeopathy

Homeopathy begins with the understanding that the body, mind and emotions work as an integrated whole. Clients of all ages are treated for most physical, mental, and emotional conditions.

David A. Johnson, CCH, is a Certified Classical Homeopath whose interest in homeopathy began after working 12 years as a Physician Assistant.

Fees: New Client \$375; includes follow-up appointment/scheduled 1-3 months after initial appointment. Established Client \$90 per session. Services are offered for ages 0-adult. Child & young adult fees vary depending upon age, contact office for details.

Dietitian/Nutritionist – Plant Based

Coming soon

Jungian Analysis/Analytical Psychology/Psychotherapy

The goal of Analytical Psychology or Jungian Analysis is to learn to integrate the information from body, brain, mind, and spirit. Careful attention is focused on bodily symptoms, dreams, thoughts, and your relationships in order to bring harmony to your essential being.

Boris Matthews, PhD, is an Analytical Psychologist and serves on the faculty of the C.G. Jung Institute of Chicago, Illinois.

Fees: \$140 per 50-minute session.

Massage Therapy

Therapeutic massage has beneficial mechanical effects on soft tissues, connective tissues/joints, and provides a stimulating effect on circulation. Periodic and regular massage therapy is an ideal way to support one's general health and sense of well-being, as well as mitigate chronic pain and discomfort.

Tammy Winkelman, LMT, RN is a licensed massage therapist and bodyworker offering a variety of therapeutic techniques including orthopedic massage & pelvic stabilization, precision neuromuscular therapy, & cupping.

Fees: \$70 per 60-minute session; 30, 60, 90 min sessions and prenatal massage therapy are available; Tammy also offers several discounted packages.

Psychotherapy

Psychotherapy provides support and treatment of mental or emotional maladjustment by means involving verbal communication between a therapist and individual, couple or family. Our therapist will help create a new plan and explore the blocks that effectively recycle suffering. Anxiety, depression, grief, addiction, stress, PTSD, marriage/relationship struggles are among many conditions for which the therapist can help you find practical solutions and discover the nature of true happiness.

Eric Ehrke, LCSW, LMFT has more than thirty years' experience offering what he describes as a gentle embrace traditional psychotherapy, systems therapy, and appropriate mind/body/spirit complementary modality of care. He sees adults, adolescents, couples, and families. **He accepts many traditional group and individual insurance contracts.**

Fees: \$140 per 50-minute session.

(Continued on Reverse)

Reiki/Therapeutic Yoga/Physical Therapy

Reiki is a hands-on energy healing technique, effective in treating stress and tension-related disorders, pain, chronic fatigue, migraines, and a host of other problems. It supports your body's natural healing abilities and promotes mind/body awareness. **Therapeutic Yoga** blends Physical Therapy knowledge & experience with the wisdom of yoga to create a personalized healing practice for your specific needs. This is great treatment protocol when recovering from an injury, illness, or for chronic conditions.

Group Yoga – Beginner/Intermediate Weekly Yoga Classes offered at Ommani. Emphasis is on breath, alignment, and honoring your body.

Physical Therapy – Focuses on restoration of proper postural alignment. Hands-on treatment is combined with instruction for an in-home program utilizing breathwork and yoga poses to restore pain-free function. (MD order required.)

Shelley Carpenter, PT, RYT, RM is a Physical Therapist; she is also a Registered Yoga Teacher, and Reiki Master/Teacher.

Fees: Reiki - \$70 per 60-minute session. Therapeutic Yoga and/or Physical Therapy - \$75 per 60-minute session. Group Yoga fees are available on the website.

Medical Doctors

Our medical doctors are **Board Certified** in their specialties.

Kalpana (Rose) M. Kumar, M.D. is The Ommani Center Medical Director, specializing in Internal Medicine

Dr. Kumar is an out-of-network provider and does not participate in any insurance contracts. Her service fees must be paid in-full at time of service. We do not file insurance forms or claims for benefits. Upon request, we will provide an itemized receipt that may be filed by patients whose insurance plan offers benefits for out-of-network care. Payments may be made via VISA, MasterCard, Discover, Check, Cash, and/or with most Flexible Spending Account (FSA)/Health Savings Account (HSA) plan debit cards.

Genevie L. Kocourek, M.D. specializes in Family Medicine

Dr. Kocourek accepts and is an in-network provider for most traditional/commercial, group, and individual insurance contracts, including some Wisconsin (Affordable Care Act) Healthcare Exchange programs. We file claims on the patients' behalf for in-network insurance benefits. We advise that you check with your insurance carrier to be certain Dr. Kocourek is within your specific insurance network.

Fees: Medical doctor (M.D.) fees are not quoted herewith and vary depending upon services provided.

The Ommani Center is not responsible to determine whether the medical doctors are eligible for reimbursement within your insurance network, nor do we know how claims may be adjudicated under your specific plan for in-network or out-of-network benefits. If you wish to pursue reimbursement for care costs, we recommend and encourage you to check with your insurance company to determine whether insurance benefits are available prior to scheduling an appointment.

Important Note: Fee information provided herewith is general and **subject to change at any time**; speak to office personnel to acquire current and exact fees for your selected practitioner. **All complementary care services must be paid in-full at time of service (except Eric Ehrke, LCSW, LMFT, who is within network for some insurers). Most complementary services are not covered by insurance. Upon request, we will provide an itemized receipt that may be filed by patients whose insurance plan, Flexible Spending Account (FSA), Health Savings Account (HSA), etc., offer benefits for complementary care.**

Appointments are scheduled by phone at 262.695.5311; missed appointment fees apply for cancellations with less than 24-hour notice.

Visit our website for additional information about our Center and practitioners.

www.ommanicenter.com